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Ramadan Kareem



What Are the Five Pillars of Islam?

The Five Pillars of Islam are the framework of the Muslim life. They are the testimony of faith, prayer, giving zakat (support of the needy), fasting during the month of Ramadan, and the pilgrimage to Makkah once in a lifetime for those who are able.

Fasting the Month of Ramadan

Every year in the month of Ramadan, all Muslims fast from dawn until sundown, abstaining from food, drink, and sexual relations. Although the fast is beneficial to health, it is regarded principally as a method of spiritual self-purification. By

cutting oneself off from worldly comforts, even for a short time, a fasting person gains true sympathy with those who go hungry, as well as growth in his or her spiritual life.

The Significance of Ramadan and Fasting

God says in the Quran:

يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ (البقرة - 183).

"O you who believe! Fasting is prescribed for you, even as it was prescribed for those before you, that you may attain God-consciousness." (Surat Al Baqara:Aya 183)

شَهْرُ رَمَضَانَ الَّذِي أُنْزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَى وَالْفُرْقَانِ فَمَن شَهِدَ مِنْكُمُ الشَّهْرَ فَلْيَصُمْهُ وَمَن كَانَ مَرِيضًا أَوْ عَلَى سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرَ يُرِيدُ اللَّهُ بِكُمُ الْيُسْرَ وَلَا يُرِيدُ بِكُمُ الْعُسْرَ وَلِتُكْمِلُوا الْعِدَّةَ وَلِتُكَبِّرُوا اللَّهَ عَلَى مَا هَدَاكُمْ وَلَعَلَّكُمْ تَشْكُرُونَ. (البقرة - 185).

"The month of Ramadan in which was revealed the Quran, a guidance for human-kind and clear proofs for the guidance and the criterion. So whoever of you sights (the crescent on the first night of) the month (of Ramadan) must observe the fasts that month, and whoever is ill or on a journey, the same number from other days. God intends for you ease, and He does not want for you difficulty. (So you) must complete the same number, and that you must magnify God for having guided you so that you may be grateful to Him." (Surat Al Baqara:Aya 185) Accordingly, the month of Ramadan is called the month of the Quran. Therefore, Muslims recite the Quran frequently in this month.



JTC bags EPIC Project of QP

Qatar Petroleum (QP) awarded to Al Jaber Trading and Contracting Company W.L.L. (JTC) the EPIC Project (Engineering, Procurement, Installation and Commissioning) of Joint Forces, Government and Coast Guard Telecom Building at Ras Laffan Industrial City last March 25, 2012. The project duration is twenty seven (27) months with a scheduled completion date of July 2, 2014. Engr. Alaa Radwan is appointed as the Contractors Representative & Project Manager with an immediate execution effective on April 3, 2012. The scope of work shall carry out Engineering and Detail Design (wherever applicable), Procurement, Construction, Installation, Testing, Pre-Commissioning and Commissioning for the Completion of Work at the



following three (3) Construction Sites, locations identified within the RLC;

1. **Joint Forces Buildings** — Construction Site no. 1
2. **Government Buildings** — Construction Site no. 2
3. **Coast Guard Telecom Building including relocation of existing Coast Guard Tower** — Construction Site no. 3



Engr. Alaa Radwan
(Project Manager)

The Kick-Off Meeting was held last April 3, 2012 in Al Wajbah, Ground Floor Conference Room, Al Handasa Building which was presided by Qatar Petroleum's Ras Laffan Project Manager Abdulla Al Sulaiti with JTC managers in attendance. Kick off meeting is the indication of the two parties committed by both JTC and QP/RL to the completion of the project and the engagement starting April 3, 2012.



**QUALITY IS
NOT
AN ACT,
IT IS
A HABIT**

-Aristotle



JTC undergoes ISO Re-Certification

In line with the corporate ISO certification which expires on June 26, 2012, Al Jaber Trading & Contracting Company W.L.L. (JTC) has been audited for re-certification by Bureau Veritas Certification-Qatar (BVCQ) Auditors last May 19-21 covering most of the departments, projects, camp and warehouse. The three day re-certification audit is based on the ISO 9001:2008, ISO 14001:2004 and OHSAS 18001:2007 standards. The audit scope covers Tendering, Project Management, Building Infrastructure such as Industrial, Commercial, Sports Arenas, Institution, Medical Facilities, Residential Villas, Building Towers and Restoration of Historical Palaces as well as in the area of Electro-Mechanical, Roads and Bridges Infrastructure.



The auditing team of Bureau Veritas is composed of Mr. M. Saleh as team leader with team members Mr. Norberto Salazar, Mr. A. Sivanandam and Mr. S. Sarma.

Day 1: An opening meeting was held prior to the audit proper to formally kick start the re-certification audit. Present in the meeting with the auditing team of Bureau Veritas (BV) were Operations Manager Wajdi Marji, Development Manager/Management Representative (MR) Rawhey El Dabagh, HR Manager Ahmed Nassar, IMS Supervisor Mohamed Cheikhrouhou, HSE&S Manager Mohamed Faleh, Purchase & Logistics Manager Iad Shaath, Procurement Manager Mashour Haji, Cost Control Manager Tariq Abu Nahia, Planning Manager Rami Al Nuayri, Deputy Contracts Manager Deolito Pana and Head of HSE&S Ruad Adwan. The Management Representative Rawhey El Dabagh opened and presided the opening meeting with Bureau Veritas informed all attendees with the recertification audit program and give chance to all managers to check if the schedule conforms to them or it needs some adjustments.

It was followed by the re-certification audit proper on all departments namely Development, HSE, Tender, Contracts, Cost



Re-certification Audit Opening Meeting presided by BVCQ held in JTC Conference Room

Control, Procurement, Purchase, Planning, Projects Management including Top Management. The re-certification audit went on smoothly as expected due to strict adherence to the program. An intermediate meeting with the Management Representative (MR) followed after all departments have been audited.

Day 2: The audit team was split into two wherein the team of Mr. Saleh, Mr. Sivanandam & Mr. Sarma visited as scheduled the Barwa Site 110. They covered Quality Assurance/Control, HSE, Store and Draftsman Office for project related drawings. The other team of Mr. Norberto Salazar proceeded to PMV Department, Al Khor Camp and Al Khor Main Warehouse. The day ended with an intermediate meeting with MR to discuss the possible audit finding(s).

3rd & Last Day: The first team of BV Auditors proceeded to Barwa 112 to audit the Project Quality Assurance/Control including HSE Management of the said project. The other team of auditors covered the HR Department as per rescheduled program. Intermediate meeting followed then to inform the MR of all possible findings on the last day of the re-certification audit. Thereafter, the closing meeting followed through to discuss the summary of re-certification audit findings to all department managers involved during the audit. The meeting was presided by the Management Representative Rawhey El Dabagh and Team Leader of BV Auditors Mr. M Saleh wherein Mr. Saleh personally thanked JTC's cooperation, professionalism and reiterated that Bureau Veritas' role is to assists in enhancing more the JTC's Integrated

Management System. He also commended that the system in place is very good and need minimal modification for continual improvement. Co-auditors take their time as well to discuss their findings with their covered scope of audit.

Re-certification audit report has been officially communicated by Bureau Veritas Certification to the Management Representative with 1 Non Conformance Report, 32 Observations and 9 Opportunities for Improvement.

As a result, Development Department under the supervision of Mr. Mohamed Cheikhrouhou-IMS Supervisor issued memo to inform all concerned departments and projects the audit results and the need to implement all corrective actions in order to close out all findings on time. Verifications will be done as well to ensure that all findings will be closed as per targeted close out date.

Development Department would like to relay that the new ISO certificates have been received and in view of this successful re-certification Development Department in behalf of the company wishes to convey our thanks to all personnel who have participated in the re-certification audit. Let us continue our tireless effort in implementing, reviewing and sustaining our Integrated Management System documentation and processes not only during re-certification audit but all the time for the benefit of our company.



JTC launches Overseas Recruitment Contingency Plan



L-R: Ms. Evangeline Agcaoli, Fil-Gulf Marketing Director; Mr. Teddy Santos, Operations Manager; Hon. Nino Boniel, Mayor of Bohol; Mr. Ahmed Nassar, JTC HR Manager; Hon. Gwendolyn Garcia, Governor of Cebu; Engr. Mohammed Al Hamayda, JTC Projects Manager; Mr. Cedric Albao, President & Managing Director - Fil-Gulf; and Mr. Arniel Armamento, President/CEO-JCAD



L-R: Mr. Jo Carbales, Marketing Manager - JCAD; Ms. Evangeline Agcaoli, Fil-Gulf Marketing Director; Mr. Romy Tagaan, Foreign Relations Officer; Mayor Nino Boniel, Mayor of Bohol; Mr. Al Fonso Damalerio II, Provincial Administrator; Mr. Ahmed Nassar, JTC HR Manager; Hon. Edgar Chaffo, Governor of Bohol; Engr. Mohamed Al Hamayda, JTC Projects Manager; Mr. Arniel Armamento, JCAD President/CEO; Mr. Cedric Albao, Fil-Gulf Managing Director; Ms. Janet Erece, JTC Recruitment In-Charge; Mr. Teddy Santos, Fil-Gulf Operations Manager and Municipality Officials

The Human Resources Department headed by its Manager Mr. Ahmed Nasser together with Projects Manager Engr. Mohamed Al Hamayda embarked on a 7-day overseas recruitment trip in the provinces of Cebu, Bohol and Manila, Philippines from 2nd to 8th of February 2012. The trip purpose is to establish strategic ties with Manpower Agencies to supply manpower as per the company's requirements as part of the Recruitment Contingency Plan.

With unpredictable and unexpected manpower requirements despite thorough manpower planning, the trip is focused in meeting up with selected Manpower Agencies as part of the contingency plan in anticipation of massive hiring for future JTC projects. These manpower suppliers, supported by the local government, have scheduled actual visits on some of the construction sites within Bohol and Cebu. Part of the itinerary was to meet the Vice-President of the Philippines, but the appointment has been deferred since a public engagement had to be prioritized. A series of visits and applicant interviews followed through in between working lunch and dinner discussions.

The local government genuinely expressed interest to support the company's move to

recruit provincial candidates. Surprisingly, these provinces could potentially supply enough manpower to cater some of the company's manpower needs.

Two manpower suppliers in the Philippines were considered namely, Placowell International & Fil-Gulf Manpower Services, which are supported by politicians and as their partners in supplying manpower to employers abroad. During the courtesy call and meeting with Cebu and Bohol Provincial Governors, they appreciated the effort of JTC to officially introduce themselves as lawful and authorized foreign employer to recruit Filipino Workers bound to Qatar. Cebu Governor and Bohol Governor mentioned that not all employers who are recruiting workers in the Philippines exert effort to personally introduce their organization, thus JTC's credibility has become stronger. Being guaranteed by this fact, the support of politicians in the province of Cebu and Bohol will make our recruitment easier, quicker and more credible to qualified applicants. Mr. Nassar mentioned to the Governors that since the time that he has been recruiting Filipino workers, he only knew of Metro Manila. He was not aware that there are such programs in the provinces like Cebu and Bohol whose Governors are accommodating and willing to support in promoting job opportunities in JTC, Qatar or to other foreign employers.

Since Metro Manila is already saturated with thousands of recruitment agencies, Fil-Gulf/JCAD has the edge because of their own construction business for actual training of construction workers, as well as having a political back-up and network, initially in Cebu and Bohol, and later on, to other provinces in the Philippines. JCAD (JC Armamento Developers) is a group of companies considered as the largest in the construction business, property developments in Cebu and Bohol, Philippines, and has local recruitment. This is another advantage for foreign employers like JTC who has bulk of requirements in the construction industry. Placowell International is also credible in the field of recruitment in deploying workers abroad as they have huge projects in different countries particularly in the Gulf Region for different categories (i.e. skilled/unskilled and staff workers). They also have six branches in different cities in the Philippines to source candidates in the different provinces.

The Philippines trip was a collaborative activity meant to establish ties across the globe that transcend beyond cultural and geographical boundaries and countries like Egypt, India, Nepal, Sri Lanka and Bangladesh will be the next target for recruitment trip.



JTC sponsors INTERCEM DOHA Conference

Al Jaber Trading and Contracting W.L.L. (JTC) in partnership with Al Jaber Engineering (JEC) and Al Wataniya Concrete co-sponsored and participated the INTERCEM DOHA's 10th Conference on Markets, Trade, Transportation and Handling of Cement in the MENA Region held at The Sheraton Doha Resort and Convention Hotel from 11th to 13th of March 2012.

The conference focused on Markets, Trade, Transportation and Handling of Cement in the MENA Region. The conference and exhibition was formally opened by His Excellency Dr. Mohamed Bin Saleh Al Sada, Minister of Energy and Industry of Qatar and His Excellency Salem Bin Butti Al Naimi, Chairman and Managing Director of Qatar National Cement Company (QNCC). Thereafter, His Excellency Dr. Mohamed Bin Saleh Al Sada welcomed all exhibitors by graciously greeting each company in their respective booth including JTC, JEC and Al Wataniya all under Al Jaber Group.

The event was made possible by InterceM Conferences in association with Qatar National Cement Company. JTC, JEC and Al Wataniya are proud to be among the sponsors of this major conference/exhibition in cement industry in the MENA region.

Delegates heard about the latest developments in the Vision 2030 strategy and of the massive infrastructure projects involved, including the development of Qatar railways and requirements for the FIFA World Cup.

The conference attracted nearly 460 delegates from 48 countries to learn about the latest market developments, discuss the latest technologies and network with fellow members of the industry-making the meeting the largest independent cement industry conference in the region this year. All companies are able to showcase their products and services related to cement on the three-day exhibition as well.



Dr. Mohamed Bin Saleh Al Sada, Minister of Energy and Industry of Qatar



JTC, JEC & Al Wataniya on exhibit



JTC, & Al Wataniya delegates in conference proper

Site 112 Receives Health & Safety Appreciation Certificate



Eng. Alaa Radwan receives HSE certificate from Mr. Hartmut Wienke of Hochtief

In recognition of Site 112's outstanding achievement and tireless efforts in making the Barwa Commercial Avenue (BCA) Project as safer place to work for all manpower and staff, Hochtief Top Management awarded Health & Safety appreciation on January 28, 2012 in Barwa Commercial Avenue Hochtief Site Office.

The Health and Safety certificate was warmly received by Site 112 Project Manager Engr. Alaa Radwan with the presence of Head of HSE&S Roud Adwan and Sr. HSE Officer Majed Matar. It was personally awarded by Hochtief's Project Director Hartmut Wienke. The recognition for achieving 3 Million Manhours without Lost Time Accident is a testament that the

project Health, Safety and Environment (HSE) management system is very effective. This feat takes a lot of hard work and team oriented approach to achieve the successful implementation and strict compliance of the HSE management system.

JTC's commitment on its QHSE Policy was again showcased in this achievement wherein the culture of health & safety is very much nurtured.

Congratulations to the entire Site 112 HSE Team and Project Management Team for a well-deserved health & safety recognition.



NDIA lauds 3 Million Mansafe Working Hours without LTA of Site 202



JTC Managing Director, Mr. Zeyad Abu Ajina with OBI Project Director, Mr. Larry Estrada

Al Jaber Trading and Contracting Company W.L.L. (JTC) hosted a party for Site 202 to appreciate the 3 Million Mansafe Working Hours without Lost Time Accident. The event took place last June 14, 2012 wherein JTC Managing Director Mr. Zeyad Abu Ajina together with Executive Director Mr. Bashar Nimry and Operations Manager Mr. Wajdi Marji were in attendance to grace the occasion. Overseas Bechtel Incorporated (OBI) Project Director Mr. Larry Estrada imparted proactive and inspiring

words on safety aspect which is preventable and keeping safety as a value in everything we do. This milestone on environmental, health and safety (EHS) proves to be an inspiration to all operatives involved in this project with the support and commitment of JTC Top Management. The combined team effort and hardwork of Project Management lead by Projects Manager Engr. Mohamed Al Hanayda, Project Manager Engr. Mamdouh Mohamed and HSE&S Manager Mr. Mohamed Faleh made this achievement possible and keeping it up to the handing-over of this project.

In line with the continuous project HSE awareness and involvement, a man of the month award has been issued last May to honor an operative in keeping the value of safety in everything he does.

Best wishes to Site 202(CP-65) HSE&S Team and Project Management Team for a well-deserved distinction and let us carry on.



JTC Under Rail Alliance Design and Build Expresses Interest in Doha Metro Project



Rail Alliance Design and Build Exhibition

Al Jaber Trading and Contracting Company W.L.L. (JTC) under Rail Alliance Design & Build have expressed interest for Major Underground Design Build Works under Qatar Integrated Rail Project (QIRP).

The joint venture originally formed and named Qatar Railway Alliance has been renamed Rail Alliance Design and Build. The joint venture is composed of Al Jaber Trading and Contracting Co. W.L.L., Hochtief Solutions Middle East Qatar W.L.L., Consolidated Contractors Company, Marbu Contracting Company W.L.L. and Lusail Hochtief Q.S.C. The design joint venture which consists of Arup Middle East, Hyder Consulting and Hochtief Consult will be working as subcontractor under the above mentioned consortium. The objective of the Rail Alliance Design and Build is the overall management of project particularly in design, planning, engineering and construction.

The general description of the entire project of Qatar Integrated Railway Project (QIRP) comprises of 4 Metro lines along with long distance passenger services and a freight system. The current focus is placed on six urgent underground

Design-Build packages that include 22 km of underground tunnels as well as 15 underground stations.

Qatar Integrated Railway Project (QIRP) – Doha Metro under Qatar Railway Company (QRail) conducted a couple of Industry Awareness Events held last May and July 2011 inviting all consortia to express their interest in the following three major scope of works for the Doha Metro project namely Major Underground Design-Build Works (Tunnels, MEP, Stations, Shafts...etc.), Major Elevated Design-Build Works (Viaduct, Stations) and Enabling Works (Roads and Utilities Diversions).

Consortia comprising of local, regional and international companies were invited to showcase their capability and experience in the design and construction in some or all of the fields mentioned in the scope of works.

The process of expressing interest for the said scope of works are requested to send an email to info@qr.com.qa indicating which scope of works they are interested in. The closing date of the submission of the Expression of Interest was last September 11, 2011.

Thereafter, a letter of Expression of Interest for Major Underground Design Build Works dated November 15, 2011 addressed to Engr. Saad Ahmed Al Muhannadi, Qatar Railways Steering Committee Secretary has been submitted by Qatar Rail Alliance Design and Build. Included in the expression of interest statement is that the joint venture noted and highlighted that as per the request of Engr. Saad Ahmed Al Muhannadi, they change the name of the consortium from Qatar Rail Alliance to Rail Alliance – Design and Build.

The joint venture is banking on their capability, expertise and experience in the design and construction in their chosen field of interest. Rail Alliance Design and Build alongside with JTC is looking forward to be one of the key players in tendering, design and build the first-ever multi-billion dollar Doha Metro Project in the State of Qatar.



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Warm Welcome to the New Head of Claims and Joint Venture

Al Jaber Trading and Contracting Company W.L.L. (JTC) would like to welcome and congratulate Engr. Syed Nasir Gilani as the new Head of Claims and Joint Venture. The world of Contracts Department is an exciting area in which to work, and we'll continue working to ensure our company remains on the cutting edge.

As a new Head of Claims & Joint Venture, your role is terrifying in fulfilling the mission of Contracts Department and Al Jaber Trading & Contracting Company as well. We believe that each employee contributes directly to JTC growth and success and we hope you will take pride in being a new member of JTC family. We are looking forward to working with you.

Welcome to the Al Jaber Trading & Contracting Company Family!!!



Engr. Syed Nasir Gilani

JTC Joins E-Waste Program



Mr. Mousa Ibrahim Ishtayeh-Al Haya Marketing Executive Manager (left) and Engr. Tariq Abu Nahia (right)

In line with the continuous effort to protect the environment and implementation of ISO 14001:2004 standard requirements, Al Jaber Trading and Contracting Company W.L.L. (JTC) joins the Electronic Waste Management Program (E-Waste) of Al Haya Waste Management last May 19, 2012.

The Cost Control Department headed by Engr. Tariq Abu Nahia participated in the disposal of electronic wastes mostly composed of damaged or non-usable computers, monitors, printers, fax machines etc.

These electronic devices are considered non-functional or obsolete which simply means that if repaired it would cost the company more in the long run. Computers were broken down into pieces to salvage only usable parts for reuse. All Hard Drive Disk's were removed

and busted to ensure that all the company data remains private and confidential.

Al Haya Waste Management is a private company duly-approved and accredited by the State of Qatar authorizing to gather, segregate and ship out electronic waste to facilitate overseas processing in duly-certified recycling centers located in Singapore, Belgium and Germany. The electronic wastes are categorized into two types namely, Hazardous which consists of printer inks, toners, metals such as lead and mercury and Non Hazardous Material.

The company turned over 736.41 kilograms of electronic waste and from which 41.11 kilograms are considered hazardous. JTC will always be committed in protecting the environment as envisioned in the company's QHSE Policy.



Collected E-Waste

IT Upgrades Network Security System

Information Technology (IT) Section under the Cost Control Department enhances the company's information security to provide a more secure and manageable network infrastructure.

A new UTM (Unified Threat Management) box has been deployed and implemented. This device will provide an improved security monitoring and site to site connectivity for all Site Offices. Among its features are firewall, load balancing, network failover, VPN, Anti Spam, real-time monitoring and reporting. Included in the information security upgrade is that McAfee Antivirus Enterprise will give the company a more virus free workstations and servers.

"These improvements will protect the company from both inside and outside threats" said by Arshad Hashmi - IT Supervisor.



Bike Path

JTC Completes NDIA CP-66

Al Jaber Trading and Contracting Company W.L.L. (JTC) officially handed-over the completion of Site 201(CP-66) to New Doha International Airport (NDIA) last January 24, 2012.

The project scope of works covered the completion of Corniche Landscaping, Bike Path, Bus Shelters and Parking Lot Shade Structures under the supervision of Salfo & Associates Limited as the consultant. The project has been managed and completed as scheduled under the leadership of Engr. Emad Al Ashqar as Project Manager and Engr. Mohamed Al Attar as Construction Manager.

The project started last July 18, 2010 with contract value of 134,950,000.40 QR under contract number 25045-000-FC1-CS01-00066. The project is now on the maintenance period.

It was in this project that JTC was featured in Qatar Construction Sites article for the first ever bicycle path constructed in Doha.

A hand over party has been organized and hosted by JTC for a job well done for Site 201 or CP 66 team. Again, Congratulations to Engr. Emad Al Ashqar along with his hardworking team for the successful completion of the project.



Engr. Emad Al Ashqar (Project Manager)



Bus Shelters

JTC Celebrates Qatar National Sports Day

Al Jaber Trading and Contracting Company W.L.L. (JTC) joined the festivities of Qatar National Sports Day by holding football and volleyball games simultaneously in Al Khor Camp last February 14, 2012. The fun-filled sports activities are in line with the celebration of first Qatar National Sports Day. It was attended by HR Manager Ahmed Nassar and Projects Manager Mohamed Al Hamayda wherein they graciously opened the event and kick-started all scheduled games at exactly 10 a.m. Prior to the football and volleyball matches, Yasser Arafat gave specific instructions to players and coaches regarding the objective of the event promoting good sportsmanship, camaraderie and healthy lifestyle through sports.



Football champion and runner-up teams



Volleyball champion and runner-up teams

Football:

The football match between Al Khor Camp (Black Team) and Al Hilal (Red Team) was very competitive with both teams displayed tight defense in the first half. Both teams are on the defensive when a goal was scored by Reda of Al Khor Team 5 minutes into the first half. An equalizer for Al Hilal Team scored when Zurka has been awarded and converted a penalty kick at 22 minutes of first half for a halftime score of 1-1. The second half started with both teams aggressively attacked the goal. Al Hilal team managed to attack the goal twice on the 9th & 10th minutes of second half but the opposing team successfully blocked both attempts. The battle thrilled all spectators on their feet and brought the environment festive. It was on the 18th minute of second half when a goal from Khalid of Al Khor Team surprised the opposing team to take lead at 2-1. Al Hilal team tried to be more offensive to equalize when another goal sink in by Said of Al Khor team with just 3 minutes left in the match. Al Khor team went on to emerge victorious on a 3-1 win over Al Hilal team.



Football teams

Al Khor Team (Black Team) Football - Champion

- | | |
|---------------|-------------------|
| 1. Abdelbadie | 6. Abdelsalam |
| 2. Reda | 7. Saeed |
| 3. Khalid | 8. Khalid |
| 4. Mahmoud | 9. Yasser - Coach |
| 5. Mohamed | |

Al Hilal Team (Red Team) Football – Runner up

- | | |
|-----------------|-----------|
| 1. Abdelsalam | 5. Philip |
| 2. Emanuel | 6. Majid |
| 3. Jonas | 7. James |
| — Playing Coach | 8. Albert |
| 4. Zurka | |



Volleyball teams

Camp A Team (Red Team) Volleyball – Champion

- | | |
|------------------|----------------|
| 1. Birbal Mahat | 5. Tek Narayan |
| — Playing Coach | 6. Purna Magar |
| 2. Rajendra B.K. | 7. Himal K.C. |
| 3. Bhuklan Rai | 8. Yam Bahadur |
| 4. Anuj Serchan | |

Camp B Team (White Team) Volleyball – Runner up

- | | |
|-------------------|------------------|
| 1. Parsu Ram Raut | 5. Nir Bahadur |
| — Playing Coach | 6. Durqa Bahadur |
| 2. Arun Devkota | 7. Uttam Rai |
| 3. Narayan Prasad | 8. Mahmoud |
| 4. Arjun Rimal | |

Volleyball:

The volleyball game between Camp A (Red Team) and Camp B (White Team) went on a deciding 3-set game which proved to be equally hotly-contested. The game started exactly 10:15 am with Camp A (Red Team) showed their consistency of not losing their side out. Camp B (White Team) fought back gallantly but at the end of first set Camp A won the set with 25-20. The second set proved to be a close match wherein both teams are spiking well and depending/-blocking tightly not to lose their side out. The set went on a hill-hill battle which Camp B equalizes the match at 1-1 apiece with the score of 26-25. Hotly-contested deciding 3rd set won by Camp A to capture the title for volleyball with thrilling 2-1 win over Camp B. The scores are 25-20, 25-26 & 25-17. Awarding ceremony for both the champion teams in football and volleyball were awarded with a trophy and individual medal. Medals were given to the runner-up teams as well.



Football match in action in Al Khor Camp



Awarding ceremony

Ramadan, the ninth month of the Islamic lunar calendar, can be 29 or 30 days long. An Islamic month begins with the sighting of the new crescent in the western horizon, immediately after sunset. Muslims look toward the western horizon for the new moon on the 29th day of Sha'ban, the eighth month. If the new moon is sighted, Ramadan has begun with the sunset but fasting begins with the next dawn. If the new moon is not sighted on this 29th day, Muslims complete 30 days of Sha'ban (the previous month) and Ramadan begins the following day.



Sawm or Fasting

Sawm (fasting) begins with dawn (the call for prayer "Al Fajr") and ends with sunset (the call for prayer "Al Maghreb"). Muslims rise before dawn, eat Sahur (pre-dawn meal) and drink an adequate amount of liquids for the preparation of sawm. Eating and drinking stops at dawn. During the day no eating, drinking or sexual activity is allowed. In addition, a Muslim must adhere to the moral code of Islam strictly as failure can violate the requirements of fasting.

Fasting in the month of Ramadan is an act of worship required of all Muslims who have attained puberty. Women who are having their menstrual period or who have not fully recovered from childbirth postpone the fast until they are completely out of their given conditions. In addition, those who are ill or on travel may choose to postpone their fast.

Muslims fast because God has commanded them to do so. However, they may also think about the benefits of fasting that include developing control over hunger, thirst and sexual urges, training to be a good moral person and testing sincerity to the Creator. During the fast, Muslims may conduct their business as usual.

The fast is broken immediately after sunset usually by eating & drinking and by Sunnah eating dates and drinking water. However, any lawful food or drink may be used to break the fast. This is followed by the Maghrib salah (after sunset prayer) which is followed by a complete meal. After a brief rest, Muslims go to the mosque to offer the 'Isha salah (night prayer) and then a special night prayer, called taraweeh.

Taraweeh

This nightly congregational salah (prayer) is performed after the regular night prayer.

Traditionally, a Hafiz of the Quran, - a person who has memorized the whole Quran (in Arabic) - leads the prayer. He recites the Quran in small portions, in proper sequence, every night and completes the recitation of the whole Quran before the end of the month of Ramadan. Every Muslim who attends such prayers regularly gets the opportunity of listening to the recitation of the whole Quran by the end of the month. If a Hafiz of the Quran is not available, the Muslim who has memorized the most in the group leads the prayer and recites according to his ability. Many Islamic scholars cite the Sunnah (path of the Prophet Muhammad) of the Prophet — may the mercy and blessings of God be upon him - that he always prayed during the night alone at his home whether it was Ramadan or not and same was the habit of many of his great companions.

Ramadan Generosity

The month of Ramadan brings many blessings multiplied for those who do good. During this month people are more generous, more cordial, friendlier and more ready than other times of the year to do good deeds. The poor and the needy receive food, clothing and money from the well-off in the community. Many people go to the mosque in the neighborhood for fast-breaking and meals. People in the neighborhood send fruit, food and drinks to the mosque — the atmosphere is that of a friendly dinner every evening of the month.

Well-known contributors of the Muslim community find themselves surrounded by the needy people for donations. Zakat, a wealth purifying alms, and donations are given at this time of the year since many Muslims wish to take the opportunity of multiplied rewards from God.



Laylat al-Qadr

This is the night of the Qadr. The term Al-Qadr has been frequently translated as "the power". A better translation may be "the value" or "the decree" because God says the value of this night is greater than one thousand months, a lifetime of over eighty-three years! God sends His decrees in this night. This is the night when the Quran was first revealed at the time of Prophet Muhammad. God says in the Quran:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

إِنَّا أَنْزَلْنَاهُ فِي لَيْلَةِ الْقَدْرِ (1) وَمَا أَدْرَاكَ مَا لَيْلَةُ الْقَدْرِ (2) لَيْلَةُ الْقَدْرِ خَيْرٌ مِنْ أَلْفِ شَهْرٍ (3) تَنْزِيلُ الْمَلَكِ وَالرُّوحُ فِيهَا بِإِذْنِ رَبِّهِمْ مِنْ كُلِّ أَمْرٍ (4) سَلَامٌ هِيَ حَتَّىٰ مَطْلَعِ الْفَجْرِ (5). (سورة القدر: 1-5)

"We have indeed revealed this (the Quran) in the Night of Value (or Measure). And what will explain to you what the Night of Value is? The Night of Value is better than a thousand months. Therein come down angels and the Spirit (the angel Gabriel) by God's permission with all decrees. (That night is) Peace until the rising of the dawn." (Suart Al Qadr :1-5)

The Night of Decree is a gift to mankind from God. However, it is not clear which night is Laylat al-Qadr. Some reports by companions of the Prophet allude it to be the 27th night of the month of Ramadan, but many more sayings point to any of the odd date nights during the last third of the month of Ramadan. According to authentic teachings of the Prophet Muhammad, may the mercy and blessings of God be upon him, Muslims are advised to spend the 21st, 23rd, 25th, 27th and 29th nights of Ramadan in worship and doing good works to assure finding Laylat al-Qadr. A portion of Muslims stay up all night in prayers and good works, however, the Prophet and his companions used to sleep at least one-third of the night.

In some Muslim countries, the 27th of Ramadan is a holiday to enable people to rest during the day after all night of worship.[1] Schools are closed from the 27th of Ramadan through the 2nd of Shawwal (5 to 6 days) to combine Laylat al-Qadr and Eid al-Fitr (An Islamic celebration that starts with the end of Ramadan) observances.

Sadaqat al-Fitr

In general, any material help extended to the poor, needy and to those who ask and deserve so is called Sadaqah. Sadaqat al-Fitr, which is also called Zakat al-Fitr, is the obligatory material help extended to the poor of the society before the Eid prayers, preferably to be given early enough for the poor to prepare for the celebration. In North America, the estimated amount of \$5 to \$8 worth of staple food (such as rice) is to be given on behalf of each member of the donor's family, including infants.

Eid al-Fitr

The end of the fasting month is celebrated on the first of Shawwal, the 10th month, which follows Ramadan. On the 29th of Ramadan after sunset, people go out in the open looking for a new crescent in the western horizon where the sun sets. If the crescent is sighted, the end of Ramadan is declared. If the crescent is not sighted, Ramadan is extended by one day.

On the day of Eid, people take a bath or shower in the early morning, eat breakfast, wear their best clothes, use perfume and proceed to the place of Eid congregation while pronouncing takbeerat, saying, "God is the Greatest, there is no deity but God and all praise belongs to God." Muslims pronounce takbeerat in their homes, in the street and at the place of congregation while waiting for the leader, the Imam. It was the practice of the Prophet Muhammad to hold Eid prayer congregations in open grounds. Following the practice of the Prophet Muslims are advised to hold Eid prayers in open grounds. In Muslim countries with warm climate there are designated Eid prayer grounds. However, in North America Muslims rent halls at convention centers or major hotels.

The Imam leads the prayers at the appointed time, and then delivers a sermon. At the end of the sermon, people supplicate, greet, embrace and congratulate each other for the successful completion of Ramadan and ask God for the acceptance of their efforts in His obedience.

During the day, people visit each other and children receive gifts. In some countries, people go for picnics and other gatherings. Eid celebrations may be arranged at work or at any social settings. Essentially, Eid is a day of thanks to God and a day of meeting family and friends.

